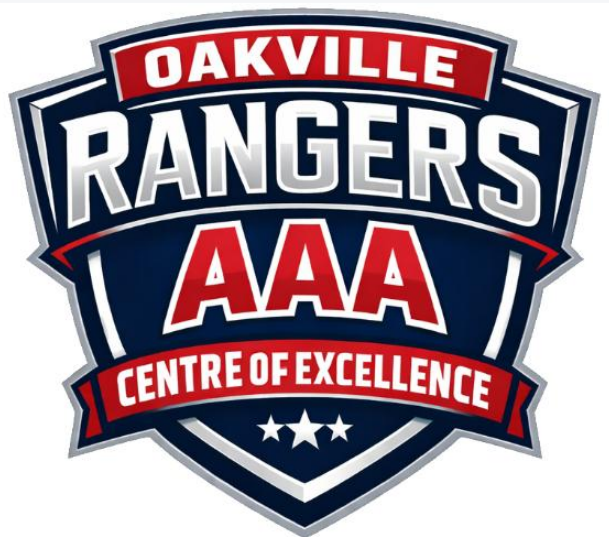


Oakville Rangers Hockey Club

AAA 2026/27 Season Kick-Off

April 25 – Joshua's Creek Arena



Overall Key Messages

The Oakville Rangers AAA program provides a development pathway & resources to help players maximize their unique potential & achieve the highest competitive level possible.

We are committed to attracting, retaining, developing & advancing players who will contribute to our Championship Culture; who will commit to being the best person / athlete / student they can be; who will support our best-in-class coaches & who will live the RANGERS Standard.

We are investing significant time, money & resources to establishing the Oakville Rangers as the best player development organization in Canada.

We are **ELEVATING EXPECTATIONS** of players, coaches, parents & results.



THE KEY MESSAGE

**IT
STARTS
TODAY**



The Oakville Rangers AAA Support Team

- **Rob Hisey** – VP AAA & Player Development
- **Ian Starkman** – VP U7-U10
- **Mike DeRenzis** – Director of Player & Coach Development
- **Chris Archer** – Director of Culture & Mental Performance
- **Paul Ferri** – Director of Sports Performance
- **Jaan Luik** – Player Advancement & Development Advisor
- **Charlie McTavish** – Director of AAA Goalie Development
- **Andrew MacDonald** – Defensive Specialist
- **Michelle & Ryan Moore** – Power Skating Coaches
- **Mike Tarantino** – Oakville Blades (OJHL) Coach & GM
- **Shawna Gorman** – Rep Executive Coordinator
- **Most importantly...8 INCREDIBLE COACHES!**



Oakville Rangers AAA Program

A Commitment to Elite Development

- The Oakville Rangers AAA program is committed to elite player development.
- Significant investment in player development pathways & resources.
- Focus on long-term athlete growth both on and off the ice.
- Recruiting & retaining top-tier coaching staff to maximize player potential.
- Creating a professional, high-performance environment for athletes.



Oakville Rangers AAA Program

Parent Commitment & Buy-in

- The success of the program relies on full parent buy-in & support.
- When the club invests time, money & resources into your child, it is critical that families are all-in.
- Ensuring players attend all practices, training sessions, games, & team events.
- Supporting the expectations & standards set by the coaching staff.
- Working together to create a culture of accountability, consistency & development.



Player Expectations – May to August

- **OREPP:** Attend as many LTS and On-Ice Sessions as possible.
- **Away from the Team:** Improve your game and your on-ice testing scores.
 - Skating Stride/Speed & Edge Work – work with your Michelle/Ryan Moore's, figure skating/power skating coaches
 - Puck Skills - work with skills coaches as well as off the ice on your own
 - Shooting – work with shooting coaches as well as of the ice on your own
 - Strength – LTS is only 2-4 times a week, what else are you doing? Wrist rollers at home, squats and plyo's at home for leg strength, core strength, sprints outdoors for speed, conditioning, etc.
 - Hockey IQ: Watch NHL Playoff hockey!!! If you ask professionals, skills are up these days but IQ is down – I believe part of the reason for this is all the Xbox, PS, streaming, etc. we have these days, that players no longer sit and watch hockey. Catching the highlights isn't enough – watch the actual game, minimum 1 period and 1 pre-game/intermission analysis, as often as you can. 1st Round is the best – now is the time.
- **Play Other Sports:** Athleticism goes a long way!



Player Expectations – In-Season

- **Attendance:** Striving for perfect attendance is expected at the AAA level. PRACTICES are more IMPORTANT than games – players should not be missing practices for reasons they wouldn't miss a game. Practices are where they develop, not games.
- **Extra Development:** Players are expected to continue to work on their skating & skill development away from the team during the season too. Coaches will work on skill development in practices, but they also have to take time to work on Hockey IQ, Team Tactics, etc. so make sure you are continuing to improve away from your team, especially if you want to: stay on the team, compete against top OMHA/GTHL/Ontario teams, etc. – don't be complacent!
- **Respect:** Players will treat each other with respect, their coaches with respect, and they will respect ALL dressing rooms – from away rinks to Joshua Creek, the rink staff should have nothing to clean: tape and all garbage will be in the garbage, toilet will be flushed, toilet seat will not be a mess – we will treat every dressing room with respect and failure to do so will result in team discipline.
- **Coachable:** Willing to listen and do what's asked of them.



Player Expectations – Practice & Video Habits

- **Responsibility & Initiative:** In practices, when we first step on the ice we expect our players to close all the doors and put the nets on – build responsibility.
- **Awareness:** Players will make sure they have even number of players in each line for drills and they will make sure all lines have pucks at all times (this is not the coach's job, they're just is to teach and talk to you) – players need to build this focus and awareness.
- **Maturity & Discipline:** When the coach calls players in, they will leave the pucks where they are and come and sit and give the coach their attention.
When the whistle goes to end a drill to get water, or the Zamboni buzzer goes to end a practice – players will not be shooting pucks and fooling around – they will help pick up the pucks and get off the ice quick so the rink staff can do their jobs & the next team can start their practice on time.
- **Focus:** Players will be expected to give eye-contact and listen when coaches are communicating during practices and video, not chatting with others during that time.



Player Expectations – Championship Culture in Games

- **Class:** Our players will win and lose games with class – we will compete hard, we will be aggressive, we will win our battles – but we'll show respect.
- **Referees:** Our players will pick up pucks for referees, they will not talk back/disrespectfully to referees – if they disagree with a call they will not show poor body language, they can politely go and talk to a referee after the penalty is over. You will see these refs for many years – showing this respect will also go a long way with them.
- **Team-First:** Our teams will be selfless – we will move the puck to each other as often as possible, we will block shots for one another, we will respect shift lengths, we will cheer each other on and support each other on the bench, and we will sacrifice: our body, our ice time, our preferred position, etc. – we will do what is best for the TEAM.

Non-Negotiables:

- Referee misconducts, retaliatory penalties, disrespectful attitudes, long shifts, not passing the puck, etc. – players will be **disciplined** for these, and disciplinary action will multiply with repeat offenses.



Parent Expectations – Buy-In

- **Trust the Process:** Our group of AAA coaches have an incredible amount of experience, ranging from professional playing careers to multiple trips through the minor hockey process – they are experienced in this field – let the coaches do the coaching. They will not be perfect, there will be ups and downs, they will miss things or make mistakes – we're all human – but give them trust and let them coach. The process takes time, it takes more than a week, a month, a season – trust it and buy into it.
- **TEAM Mentality:** We all want our own kid to be successful and do well, we get that – but this is a team sport, and team success will breed individual success – encourage teamwork to your players.



Parent Expectations – At The Rink

- **Class & Respect:** Treat fellow parents, opposing parents, referees, rink staff, etc. with respect. We're there to cheer on our kids and support the team – we don't need to be yelling at referees, getting kicked out of games, yelling at coaches or opposing parents, etc. we will not tolerate that – be **role models** for your children.
***Parent discipline can result in player discipline.
- **Distance Yourself:** Let your child tie their skates at the earliest age they can. Let them figure out how to tape their own stick. Make them pack their bag, bring their own water bottle, etc. We need to build this discipline, responsibility, accountability, etc. into our players. They don't need mom and dad in the dressing room or standing outside the locker room – respectfully, get away from them!!



Parent Expectations – Away From the Rink

- **Keep Your Comments to Yourself:** I say this respectfully, but there is nothing worse than critiquing the coach to your child, telling your child not to listen to their coach, give your child different instructions than what the coach is asking, questioning the coach's decisions, make comments about other players on the team, etc. Bite your tongue - I don't care if your comment is correct or not – don't make it to your child. I cannot explain how conflicting this is for your child, trying to figure out who to listen to or who is correct – mom/dad, coach, teammate, etc.
- **Foster CONFIDENCE:** The coaches are going to be hard on your players, the players are going to be hard on themselves (especially at U14 & older) – they do not need you being hard on them too.
If I have 1 piece of advice: **be a cheerleader for your player.** Support them, hear their thoughts, work with them with their confidence.
- **Embrace Adversity:** Adversity is good, help them WORK through it, not run from it.



Coaching Expectations

- **Respect:** Players will be pushed, they get better when they are pushed outside of their comfort zone, they develop when they are challenged to a point where they fail and have to overcome – we want our players to be battle-tested and prepared for what hockey and life throws at them so they will be pushed hard – but it will be done in a respectful way, and coaches will show players respect both on and off the ice.
- **Prepared:** Practice plans will be prepared, game plans for opponents will be ready, coaches will be detailed and thorough with the preparation for players.
- **Role Models:** Coaches will hold themselves accountable and to a higher standard than everyone, on the ice and off the ice, being role models for your players.
- **Develop:** Coaches will have the skills, tools and knowledge to develop your players on the ice from both an individual point of view as well as a team point of view, and they will also develop your players into quality human beings off the ice.



Coaching Expectations

On-Ice Staff at Practices:

- U10 – U13 = majority of practices should have minimum 3 coaches
- U14 – U18 = all practices should have minimum of 2 coaches

Team Video = minimum once/week (specifically U12 & older who are all at JCR)

Utilize Video Tools = Show clips from TCS, IHS, NHL/OHL/Other, etc.

Individual Video = minimum 3x during season

Pre-Scout Opponents = minimum playoffs, and provide Pre-Scout to Team

Individual Player & Parent Meetings:

- U10 – U14 = minimum 3x during season (should be a 4th and final Exit Meeting/call too).
- U15 - U18 = minimum 2x with parents, minimum 2x without parents (players need to start to have these meetings on their own to prepare for Jr/OHL)

Championship Culture/Rangers Standard: This needs to be discussed bi-weekly with your team, discussing different topics: leadership, resiliency, manners, respect, etc.

Team Bonding Events: Minimum 3 per season (away tourney, team meal, fun activity outing, etc.)

Coaching Expectations

- **Educate Parents:** What's being taught, what's been going on, your plan, etc.
- **Attend Monthly AAA Coaches Meetings**
- **Team Rules (On & Off the Ice):** This needs to be laid out and consistently enforced, no matter who the player and if it hurts the team in the short-term, accountability and consistency are key
- **Attendance Tracking:** for all team events (practices, games, LTS, etc.), players should be close to perfect attendance, and there should be disciplinary action for missing team events (with consequences multiplying with ever infraction)
- **Arrival Time:** Coaches expected to arrive minimum 30 minutes prior to games
- **Age Group Meetings:** Coaches expected to meet once/month with AA coach (and invite all other levels in the age group too) to work on alignment: teaching similar concepts, skills, lingo, etc.
- **Attend AA Games:** once/month.
- **Offer to Run AA Practices:** once/2 months.
- **Enforce ORHC Disciplinary Standards** (next slide, still a collective work in progress)



Disciplinary Standards

As a collaborative AAA group, we will identify **Non-Negotiables** – these will be things that no matter the player, the score, the scenario, etc. – players will be disciplined for, and we **NEED** to be **consistent** with these.

On the Ice/Bench:

- Retaliatory Penalties
- Long Shifts
- Selfishness (lack of passing, etc.)
- Poor Work-Ethic
- Poor Attitude and/or Body Language
- Disrespect towards coach or teammate
- Misconduct towards Referee
- Unsportsmanlike Penalties

Off the Ice:

- Late for team event/breaking team rules
- Disrespect towards coach or teammate
- Disrespect towards dressing room

Work in Progress Still

Determine the expected length of discipline, and how it will multiply with repeat offenses.



Build The Person...& The Athlete Will Perform

- **Chris Archer – CSA Sports Performance:** Director of Culture & Mental Performance
- **Developing athletes through character, leadership, accountability, & resilience.**



CSA *Sport Performance*

Working with  Georgian



The Environment That Builds Athletes

- The athlete performs within a team.
- The team performs within a culture.
- The culture performs within an environment.

- And parents are a **BIG** part of that environment.
- Alignment between players, coaches, families, & leadership creates the environment where athletes grow & perform.
- Expectations-setting a demanding standard gives your player direction, because striving toward something meaningful is how you become the best version of yourself.



Building The Rangers Culture

- **This past season we engaged the Rangers community through a structured process:**
 - Executive leadership discussions
 - Coach roundtables (U12–U18 AAA)
 - Player engagement sessions
 - Parent discussions
 - Leadership & Character Survey (online x 2)
- **This process helped identify the behaviours, mindset, and leadership habits that build great teams.**
- **From this work emerged a shared foundation: THE RANGERS STANDARD.**



THE RANGERS STANDARD

- R** — **Respect** | How we speak, listen, compete, & carry ourselves
- A** — **Accountability** | Owing our habits, roles, & choices
- N** — **No Excuses** | Controlling what we can & responding right way
- G** — **Growth** | Learning daily & embracing challenge
- E** — **Effort** | Consistent, intentional work in all environments
- R** — **Responsibility** | Representing team/school/community with pride
- S** — **Strive...** | Elevate Expectations



Championship Culture 2026/27

- **Coaches Alignment-May 2026**
- **Individual Sessions**
 - THE RANGERS STANDARD survey x2
 - Player Engagement (Video/Practice/Team Building)
 - U12 and U16 (Each Player will build a full Roadmap)
- **Team Sessions**
 - Results of the survey and coaches will determine team sessions. (Pressure is a Privilege etc...)
 - (Parent Sessions on Championship Culture Process..x2)
- **The Oakville Rangers are committed to developing athletes AND character traits that last a lifetime.**



Let's Help Get You To The Next Level!

Jaan Luik: Player Advancement & Development Advisor

In addition to an NCAA D1 & pro playing career, Jaan brings 20+ years of hockey coaching, player & coach development, executive leadership, & advisory experience to this role where he will help players & their families navigate their hockey journey & assist with advancement opportunities.

PLAYING

- Drafted 72nd by St. Louis Blues (1988)
- NCAA D1 at Miami University (1987-91)
- IHL, ECHL & SHL (1991-95)

COACHING

- IP, U7-U18 AAA Rep (2005-26)
- Head or Assistant Coach for 9 OMHA AAA Gold Medalists & 6 OHF/All-Ontario participants

EXECUTIVE

- VP AAA & Player Development – Rangers (2017-24)
- Senior Hockey Advisor – Rangers (2024-present)

ADVANCEMENT

- 5 former players in NHL, 30+ players selected in OHL Priority Draft incl. nine 1st round picks
- Players graduated from Jr. hockey to NCAA D1, USports & minor pro levels
- Player & Family Advisor, RRi Global

Player, Parent, Coach, Scout Resource

An Oakville Rangers resource to help players and families navigate their hockey development journey and assist with advancement opportunities.

Education & Guidance

- provide education & guidance to players/families on minor hockey & post-minor hockey advancement pathways

Development Support

- liaison between team coaches & player/families to help create & support development objectives

Player Evaluation

- player eval. resource for coaches/players/families/scouts
- provide customized feedback & support for individual player development plans

Advancement

- work collaboratively with players/families & coaches to establish short & longer-term playing objectives
- advocate & placement support for Oakville Rangers players with advanced level hockey operations staff

Be Your Best Athlete

- **Paul Ferri – Limitless Training Systems: Director of Sports Performance**
 - 15 years developing hockey athletes (9 NHL Florida/Winnipeg, 1 KHL, last 4 years Niagara Ice Dogs/OHL).
 - LTS 5 locations - largest strength/conditioning company Canada.
 - 2500 players developed – 250 OHL picks (60+ 1st/2nd round), 150+ NCAA Div 1, 28 NHL (1st & 2nd round 4 years running) incl. former Rangers current NHLers Luke Evangelista & Cal Ritchie.



Paul Ferri & LTS

- Our goal at LTS is to bring a professional level environment to the development age groups in the sport, offering elite sport specific testing & data collection, as well as strength & conditioning, nutrition, & supplementation support, preparing each athlete for the next level.
- As Director of Performance for the Oakville Rangers, you & your families have full access to myself & my team at LTS for any support regarding off-ice development & performance.



True Development Plan for Rangers Goalies

- **Charlie McTavish:** Director of AAA Goalie Development
 - Arizona Coyotes, Ottawa Senators, Ottawa 67s, Hockey Canada – Director/Development Goaltending Coach (07 – present).
 - **Objectives:** Develop adaptable, intelligent goaltenders by combining instinct-driven learning, strong technical foundations, & a connected development environment that supports growth from U10 through U18.
 - **The Plan:** This will be done through on-ice goalie development at team practices, on-ice development through AAA "goalie ice" sessions, & off-ice development through video, classroom sessions & in-season individual player/parent meetings.
 1. A shared association philosophy & structure.
 2. Groups based on the stage of development.
 3. Individualized development plans for each goalie.



Oakville Blades – Part of the Pathway

Rangers partnership w/ Oakville Blades (OJHL) that provides dev. opportunities for Rangers U16AAA & U18AAA players.

- APs attend practice weekly-biweekly, have name bar, locker plate, team-issued equipment, access to workouts
- Mike Tarantino (new Coach & GM)
 - 2010 Telus Cup Finalist (Mississauga Reps)
 - 2014 Buckland Cup (OJHL) & Dudley Hewitt Cup (Central Region) Champion, Toronto Patriots
 - 2019 Buckland Cup (OJHL) & Dudley Hewitt Cup (Central Region) Champion, RBC Cup (now Centennial Cup) Semi-Finalist, Oakville Blades.
 - 2023 Buckland Cup (OJHL), Centennial Cup Quarter-Finalist, Collingwood Blues
 - 2024 Buckland Cup (OJHL), Centennial Cup Champion, Collingwood Blues

Mike's Vision is to return the Blades to being a yearly OJHL contender filled with as many Oakville Rangers players as possible & to develop players to move them to higher levels.

U18 AAA to be branded Oakville Jr. Blades



AAA – Back & Improved

- **OREPP** (Oakville Rangers Elite Performance Program)



- **Championship Culture & Mental Performance** (Chris Archer)

- **Relationship with Appleby College**

- **Oakville Rangers Value Equation**

- Better development
- A proven player advancement pathway
- Top facilities
- More ice / better times
- Greater resources
- Lower costs



AAA – What's New?

- **Oakville Rangers AAA Centre of Excellence – Joshua's Creek Arenas**
 - All* AAA teams will have all home games, all practices, team meetings, video sessions, parent meetings, gym sessions at Joshua's Creeks Arenas. 1 stop!
 - Schedule is optimized for AP opportunities.
 - Rangers purchasing 2 x state-of-the art video analysis hardware/software.
 - Rangers renting out 1-2 rooms upstairs for team meetings & video review.
 - Renovation to JCR Room 1 – stalls, branding.
 - All coaching/development tools in lockers on site.
- **Paul Ferri** – Director of Sports Performance
- **Jaan Luik** – Player Advancement & Development Advisor
- **Michelle & Ryan Moore** – Power Skating Coaches
- **Charlie McTavish** – Director of AAA Goalie Development
- **Andrew MacDonald** – Defensive Specialist
- **Mike Tarantino** – Oakville Blades (OJHL) Coach & GM
- **Host – Hockey Canada U17 World Challenge (Nov 1-7)**



THE KEY MESSAGE

**IT
STARTS
TODAY**



Discussion - Questions

